Dear All,

We hope this finds you well and in good health. The Institute of Sathya Sai Education in South Europe (ISSE SE) is very happy to launch an online training of Course 1 of the Sathya Sai Education in Human Values (SSEHV) programme.

SSEHV is a universal, values-based, integral educational programme for teachers, parents and students that cultivates and promotes Human Values common to all cultures and faiths. It may be applied in all levels of education, both formal and informal. Rooted in the philosophy of Educære, SSEHV aims at stimulating the emergence of the positive qualities, talents, and potential of goodness latent in the hearts of all human beings based on the firm conviction that true education is a life-long learning process whereby human excellence and knowledge of oneself is its ultimate purpose.

Course 1 of the SSEHV programme – Introductory Level, is open to any person interested in getting familiarised with the essential spiritual principles of Sathya Sai Philosophy and in applying them in their personal, family, and professional lives, especially in the field of education. The SSEHV programme empowers teachers by reasserting the importance and nobility of their profession. At the heart of the programme, teachers must strive to be exemplars of human values. This can be done, as the founder Sathya Sai Baba has often underlined, not only by speaking and explaining, but, more importantly, by inspiring and demonstrating the ideals through character.

Course 1 is a formal education training and is offered free of charge. Its structure includes a combination of both theoretical presentations and practical workshops. Course 1 consists of 3 Modules. Module 1 will be offered in 9 two-hour sessions taking place every alternate Saturday starting from the 27th of February 2021 and will end before the summer break. Modules 2 and 3 will resume in the academic year 2021-2022. At the end of this letter, you may find the syllabus and topics of all three modules of Course 1.

Below are further details on the duration, schedule, and exact dates of the sessions of the first part of this training corresponding to Course 1 – Module 1.

"Educære is related to the Human Values of Truth, Righteousness, Peace, Love and Nonviolence, which are latent in every human being. One cannot acquire them from outside; they have to be elicited from within. Therefore, Educære means to bring out these human values and translate them into action."

~ Sathya Sai
**Duration:** from Saturday 27th *February* to Saturday 19th *June 2021

**Schedule:** from **10:00 a.m. to 12:00 noon** Central European Time (C.E.T.)

**Dates of 9 Sessions of COURSE 1 – MODULE 1:**

- **Session 1:** Saturday 27th *February*  
  The Philosophy of Sathya Sai Educare

- **Session 2:** Saturday 13th *March*  
  Interrelation of the 5 Human Values | The Value of Love

- **Session 3:** Saturday 27th *March*  
  The Value of Truth

- **Session 4:** Saturday 10th *April*  
  The Value of Righteousness

- **Session 5:** Saturday 24th *April*  
  The Value of Peace

- **Session 6:** Saturday 8th *May*  
  The Value of Nonviolence

- **Session 7:** Saturday 22nd *May*  
  The Cultivation of Character

- **Session 8:** Saturday 5th *June*  
  The Life & Teachings of Sathya Sai | The History of SSEHV

- **Session 9:** Saturday 19th *June*  
  Module 1 Summary

Each of the nine sessions will include a presentation followed by a practical workshop with active involvement of all participants.

**Registration Timeframe:** starting from Monday 18th January until **Sunday 21st February**.

To enrol and formalise your registration, participants are kindly asked to fill in the online registration form by clicking on this link: [https://forms.gle/41AzUHdpjVxSb4sX6](https://forms.gle/41AzUHdpjVxSb4sX6)

Course 1, including its theoretical presentations as well as the practical workshops, will be delivered by an experienced team of qualified trainers of the ISSE SE. The online platform we will use is Zoom.

After completing the attendance to all 9 sessions of Module 1, and after the completion of Modules 2 and 3, all participants who would like to obtain the Course 1 Certificate formally issued by the ISSE SE, will need to prepare a presentation on one of the topics covered in Course 1 based on their own personal self-inquiry and practice. For this, participants will be assigned a tutor from the team of qualified ISSE SE trainers.

For any further question or clarification needed about this online training of Course 1 of the Sathya Sai Education in Human Values programme, please do not hesitate to contact us writing at: [isse.southeurope@gmail.com](mailto:isse.southeurope@gmail.com)

We thank you very much for your loving attention to this invitation letter and look forward to hearing from you.

With our warmest regards,

**George Bebedelis**  
**ISSE SE, Director** *(on behalf of the ISSE SE Coordinating Team)*

[www.isseducare.org](http://www.isseducare.org)
Course 1 Syllabus & Topics

Module 1

- The Philosophy of Sathya Sai Educaère
- The 5 Human Values (*Truth, Righteousness, Peace, Love & Nonviolence*) and their Interrelation
- The Cultivation of Character
- The Life and Teachings of Sathya Sai Baba
- The History of Sathya Sai Education in Human Values

Module 2

- The Pedagogy of Sathya Sai Education: Integral Education
- An Environment and Culture of Love
- Teacher as an Exemplar of the Human Values
- The Integral Relationship of the Human Personality and Human Values (*Part 1*)
- The 5 Teaching Techniques (*Part 1*) and Other Compatible Teaching Techniques
- The 3 Teaching Approaches: Direct, Indirect & Integrated, Co-curricular (*Part 1*)

Module 3

- The 5 Human Values from the Perspective of the Major Religions, Relevant Local Culture and National Education Priorities and Policies (*Part 1*)
- The Core Tenets of Sathya Sai Education (*Part 1*)
  - 3HV: Unity of Head, Heart and Hands
  - Unity in Diversity
  - Unity of Faiths
  - Ceiling on Desires
- Selfless Service and Service Projects